**6th Grade Health Class**

Dear Parents/Guardians,

Hello, my name is Angela Ziemba. I want to take this opportunity to introduce myself and let you know that I am pleased and excited to have your son or daughter in my 6th grade health class. I am providing the following information so you will know what my expectations are and how your student can be successful in my class. Please take the time to discuss the information here with your son or daughter. Although I am going over this information in class, discussing it at home will be a meaningful way to increase understanding. If you have any questions or concerns, please feel free to contact me at aziemba@arbor145.org

I also have a website at **angelaziemba.weebly.com (for all classroom information).**

I believe that if we all work together, your student’s success is certain!

The purpose of this class is for students to understand Nutrition, Personal Health and Physical Activity, and Violence and Injury Prevention.

**Classroom Goals- All Students Will:**

* Learn to take notes from presentations on the information about Nutrition, Personal Health and Physical Activity, and Violence and Injury Prevention
* Learn to study and stay on task both in class and with homework
* Complete activities, projects, and present to the class
* Develop a Fitness Plan and Nutrition Log
* Develop a poster on Violence and Injury Prevention
* Take quizzes and comprehensive tests on each unit
* Have the opportunity to earn marbles for earning an “A” on quizzes and tests and for always being prepared or well behaved in class.

(There will be various rewards and prizes for a certain amount of marbles in the jar!)

**Guidelines for Success:**

**Attitude**- has a positive attitude

**Responsibility**- be responsible for yourself and your actions

**Behavior**-obey all rules and guidelines in class and in the APMS handbook

**Organization**-have all materials at all times in the classroom

**Respect**- treat all teachers, classmates, and yourself with respect

**Activities Can Consist of:**

* Pre-tests
* Bellringers
* Teacher-directed instruction, lecture
* Discussion
* Cooperative groups
* Independent work
* Exit questions
* Projects
* Quizzes/Tests
* Final

**Grades**

Assessment: 60% Consists of Quizzes, Tests, & Class Projects

Classwork: 20% Prepared for class, Participation, Notes, & Behavior

Homework: 10% Worksheets, Forms, Etc.

Final: 10% Final Exam over all class material

**Grading Scale**

90-100-A 70-79- C Below 60- F

80-89 – B 60-69- D

**Classroom Rules and Procedures**

* **Entering the Classroom**- When students enter the classroom they will sit in their seat and answer the Bellringer that will be on the board in their spiral or on lose leaf paper while attendance is being taken.
* **Tardy to Class**- If a student walks into the classroom after the bell rings they will be marked tardy to class unless they present a pass from a teacher.
* **Talking in Class**- Students will raise their hand and wait to be called on to talk in class. Only one student will talk at a time. There will be no blurting out or students talking among themselves.
* **Materials**- Students are responsible to have their materials consisting of a spiral notebook, homework, and a writing utensil to class each day. Students will not be allowed to go back to their locker.
* **Daily Assignments**- will be written on the whiteboard under each day’s assignments.
* **Homework Assignments**- Homework assignments will be monitored whether they are complete or incomplete. The grade for homework will be under the 10% Homework grade.
* **Returning Assessments to Students**- The teacher will return all graded quizzes and projects back to the students. Tests will be kept in the classroom until the end of the school year.
* **Finding out Grade Status**- Students will be able to check their grades weekly on Power school or in class. They will be posted on the bulletin board by their ID#.
* **Student Responsibility After an Absence**-It is the responsibility of the student to find out what they missed when they were absent. Notes & worksheets can be found in their file folder. They can also be found on my Weebly page. Students will have the same amount of days to make up the work as the number of days they missed (ex. one day out, one day to make up the assignment, the assignment is due the next class period).
* **If a Student Misses a Test-** If the student was in class the class period the test was assigned, the student will make the test up when they return to class. If the student was absent the class period the test was assigned, the student will make up the test one class period after they return to class. It is encouraged for the student to make up quizzes and tests during class time.
* **Late, Missing, or Incomplete Assignments**- students who do not have their homework assignment when it is due will be given an extra day to turn in the assignment for ½ credit unless they were absent when it was due. If a student is absent when an assignment is due, the student will turn in the assignment the day they return to class for full credit.

**Communication Procedures with Parents**-I encourage the line of communication between myself, the student, and the parent. Your student knows that he/she can always ask me questions in class or can see me before or after school if they need help. I am at school from 7:30-3:00. I intend to contact any parent whose child’s grade falls lower than a C in my class via E-mail. I will also make phone contact if your child is receiving lower than a C right before the end of the trimester so there are no surprises. If you would like to contact me, my e-mail is aziemba@arbor145.org or the best time to reach me by phone is during my plan period first hour. I also have a website **angelaziemba.weebly.com,** where you can find all study guides and worksheets should your child misplace them.

* **Ending Class**- Students will organize their own materials and remain seated at their desk until the bell rings.
* **Consequences for Classroom Rule Violations** -per class period- students who break the classroom rules will be given a verbal warning for the 1st violation, 2nd violation will result in points being deducted from the student’s behavioral grade for the day, & 3rd violation will result in a written referral to the Assistant Principals office.
* **Consequences for Code of Conduct Violations**- there will be written disciplinary referrals for violations of school wide rules. The Assistant Principal’s office will determine the consequences for each offense.

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We have discussed this information about how to be successful in Ms. Ziemba’s Health Class.

Please return this portion by: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Student Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_